



Vice Chair Liz Cheney, R-Wyo., speaks as the House select committee investigating the Jan. 6 attack on the U.S. Capitol, holds a hearing on Capitol Hill in Washington, Oct. 13, 2022.

Associated Press

Cheney: 1/6 panel won't let Trump turn testimony into circus

By HOPE YEN

Associated Press

WASHINGTON (AP) — The House committee investigating the Capitol riot won't give Donald Trump the chance to turn a possible live TV appearance of his subpoenaed testimony into a "circus" and "food fight" as lawmakers try to ensure he complies with their demands, the panel's vice chair said Sunday.

The committee is demanding Trump's testimony under oath next month as well

as records relevant to its investigation. To avoid a complicated and protracted legal battle, Trump reportedly had told associates he might consider complying with the subpoena if he could answer questions during live testimony.

When asked if the committee would consider taking his testimony live, Rep. Liz Cheney on Sunday did not directly respond.

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"Houses, hotels, buildings were built without any thought to light pollution"



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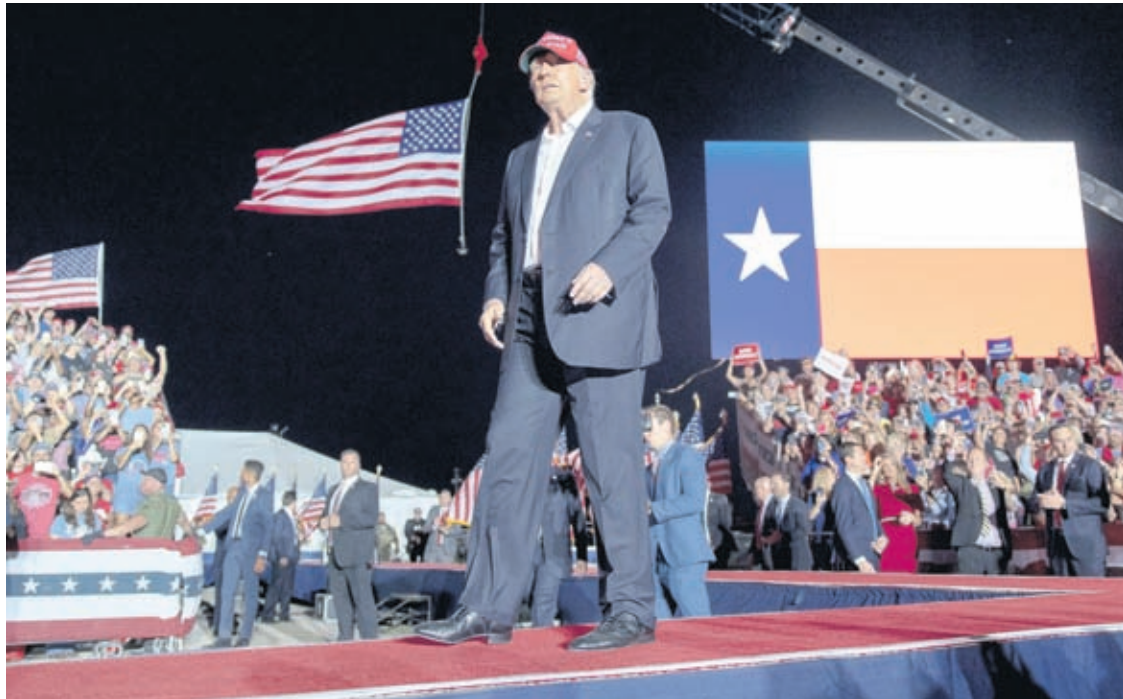
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Cheney: 1/6 panel won't let Trump turn testimony into circus

Continued from Front

She said the committee would not allow Trump's testimony to turn into a "food fight" on TV — much as was seen, she said, in Trump's broadcast appearances such as one of his 2020 presidential debates — and she warned that the committee will take action if he does not comply with the subpoena.

"We are going to proceed in terms of the questioning of the former president under oath," Cheney, R-Wyo., said on "Meet the Press" on NBC. "It may take multiple days, and it will be done with a level of rigor and discipline and seriousness that it deserves. We are not going to allow — he's not going to turn this into a circus." "We have many, many al-



Former President Donald Trump walks on stage at a rally, Saturday, Oct. 22, 2022, in Robstown, Texas.

ternatives that we will consider if the former president decides he is not going to comply with his legal obli-

Associated Press

gation, a legal obligation every American citizen has to comply with a subpoena," she said.

Her office made clear later that she and the Jan. 6 committee were not ruling out the possibility of live testimony. It did not indicate what form that might take to avoid the "food fight" or "circus" that Cheney said would not happen.

The subpoena, issued Friday, calls on Trump to hand over documents by Nov. 4 and provide testimony "on or about" Nov. 14.

It is unclear how Trump and his legal team will respond. He could comply or negotiate with the committee, announce he will defy the subpoena or ignore it altogether. He could go to court and try to stop it.

Last week, Steve Bannon, a longtime Trump ally, was sentenced to serve four months behind bars after defying a subpoena from the same committee. He remains free pending appeal. Former Trump trade adviser Peter Navarro also awaits a trial next month on similar contempt of Congress charges.

The subpoena includes requests for any communications referring to extremist groups who were coming to Washington, pressure on state legislators to overturn the 2020 election vote and messages about Vice President Mike Pence, whom Trump was pushing to ob-

ject to President Joe Biden's victory.

House Speaker Nancy Pelosi, D-Calif., said Sunday that she doubted Trump would appear for his deposition and that the public should know "that no one is above the law."

There remains little legal advantage for Trump to cooperate with the committee at a time when he faces other legal battles in various jurisdictions, including over his family business in New York and the handling of presidential records at his Mar-a-Lago estate in Florida.

It's possible that Trump's lawyers could simply opt to run out the clock on the subpoena if they go to court to try to squash it as the committee of two Republicans and seven Democrats is required to finish its work by the end of the year.

Cheney, in the television interview, made her position clear that Trump had committed "multiple criminal offenses" and should be prosecuted. She cited his repeated efforts as outlined by the Jan. 6 committee to undermine democracy by denying his election loss to Biden and by spurring his supporters in the violent attack on the Capitol.

"We've been very clear about a number of different criminal offenses that are likely at issue here," Cheney said.

"If the Department of Justice determines that they have the evidence that we believe is there and they make a decision not to prosecute, I think that really calls into question whether or not we're a nation of laws."

Cheney, who lost in Wyoming's August primary after becoming Trump's fiercest GOP critic and has signaled a possible 2024 presidential run, expressed dismay over the number of Republican candidates in the Nov. 8 midterms who deny the legitimacy of the 2020 election. She acknowledged that the Jan. 6 committee's investigation will be permanently ended in January if Republicans retake control of the House. □

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Illegal border crossings to U.S. from Mexico hit annual high

By **ELLIOT SPAGAT**

Associated Press

SAN DIEGO (AP) — A surge in migration from Venezuela, Cuba and Nicaragua in September brought the number of illegal crossings to the highest level ever recorded in a fiscal year, according to U.S. Customs and Border Protection.

The year-end numbers reflect deteriorating economic and political conditions in some countries, the relative strength of the U.S. economy and uneven enforcement of Trump-era asylum restrictions.

Migrants were stopped 227,547 times in September at the U.S. border with Mexico, the third-highest month of Joe Biden's presidency. It was up 11.5% from 204,087 times in August and 18.5% from 192,001 times in September 2021.

In the fiscal year that ended Sept. 30, migrants were stopped 2.38 million times, up 37% from 1.73 million times the year before, according to figures released late Friday night. The annual total surpassed 2 million for the first time in August and is more than twice the highest level during Donald Trump's presidency in 2019. Nearly 78,000 migrants from Venezuela, Cuba and Nicaragua were stopped in September, compared to about 58,000 from Mexi-



Venezuelan migrants walk across the Rio Bravo towards the United States border to surrender to the border patrol, from Ciudad Juarez, Mexico, Oct. 13, 2022.

co and three countries of northern Central America that have historically accounted for most of the flow. The remarkable geographic shift is at least partly a result of Title 42, a public health rule that suspends rights to see asylum under U.S. and international law on grounds of preventing the spread of COVID-19. Due to strained diplomatic relations, the U.S. cannot expel migrants to Venezuela, Cuba or Nicaragua. As a result, they are largely released in the United States to pursue their immigration cases.

Title 42 authority has been

applied 2.4 million times since it began in March 2020 but has fallen disproportionately on migrants from Mexico, Guatemala, Honduras and El Salvador. U.S. officials say Venezuelan migration to the United States has plunged more than 85% since Oct. 12, when the U.S. began expelling Venezuelans to Mexico under Title 42. At the same time, the Biden administration pledged to admit up to 24,000 Venezuelans to the United States on humanitarian parole if they apply online with a financial sponsor and enter through an airport, similar

to how tens of thousands of Ukrainians have come since Russia invaded their country. The first four Venezuelans paroled into the United States arrived Saturday — two from Mexico, one from Guatemala, one from Peru — and hundreds more have been approved to fly, the Homeland Security Department said.

"While this early data is not reflected in the (September) report, it confirms what we've said all along: When there is a lawful and orderly way to enter the country, individuals will be less likely to put their lives in the hands of smugglers

and try to cross the border unlawfully," said CBP Commissioner Chris Magnus.

The expansion of Title 42 for Venezuelans to be expelled to Mexico came despite the administration's attempt to end the public health authority in May, which was blocked by a federal judge.

Venezuelans represented the second-largest nationality at the border after Mexicans for the second straight month, being stopped 33,804 times in September, up 33% from 25,361 times in August.

Cubans, who are participating in the largest exodus from the Caribbean island to the United States since 1980, were stopped 26,178 times at the border in September, up 37% from 19,060 in August.

Nicaraguans were stopped 18,199 times in September, up 55% from 7,298 times in August.

The report is the last monthly reading of migration flows before U.S. midterm elections, an issue that many Republicans have emphasized in campaigns to capture control of the House and Senate. Republicans on the House Homeland Security Committee released a one-sentence statement Saturday in response to the numbers: "You've got to be kidding." □

Biden: 'Legitimate' for voters to weigh age as he nears 80

By **AAMER MADHANI**

Associated Press

REHOBOTH BEACH, Del.

(AP) — President Joe Biden joked that it's difficult acknowledging he's about to turn 80, but said he's physically and mentally capable of serving a potential second term in the White House. Biden, who turns 80 on Nov. 20, said it's "totally legitimate" for voters to question whether someone his age can manage the demanding stresses of the American presidency. Biden made the comment in response to a question about his age during an MSNBC interview that aired

Sunday. He said people should judge for themselves whether he is up to the task as polls show that voters would rather not see a rematch with Donald Trump, the Republican ousted by Biden in 2020.

Biden would be 82 on Inauguration Day in January 2025; Trump would be 78. A recent Associated Press-NORC Center for Public Affairs Research poll shows only about 3 in 10 people questioned want either Biden or Trump to run for president in two years. Just 5 in 10 Democrats want Biden to seek a second term, while 6 out of 10 Re-

publicans hope to see Trump seek the presidency again.

"I think the best way to make the judgement is to watch me. Am I slowing up? Am I going at the same pace?" Biden said in the interview that was taped Friday during a visit to the Delaware State University campus to promote his student loan debt forgiveness executive order.

Biden has yet to officially announce whether he will run for a second term, but has repeatedly said it is his intention to seek reelection. During his 2020 campaign, Biden often presented him-



President Joe Biden walks from Marine One upon arrival at the Gordons Pond in Rehoboth Beach, Del., Friday, Oct. 21, 2022.

Associated Press

self as a "transition candidate" who would build a bridge to new Democratic talent.

The age and health of both Biden and Trump loomed throughout a race that was decided by a younger and more diverse electorate

and at a moment when the nation is facing no shortage of issues of consequence. In the MSNBC interview, Biden said voters should look at his "passion" for the work as they consider his age in factoring whether they should vote for him. □

Alaska asylum seekers are Indigenous Siberians from Russia

By **MARK THIESSEN**

Associated Press

ANCHORAGE, Alaska (AP)

— Two Russian Indigenous Siberians were so scared of having to fight the war in Ukraine, they chanced everything to take a small boat across the treacherous Bering Sea to reach American soil, Alaska's senior U.S. senator said after talking with the two.

The two, identified as males by a resident, landed earlier this month near Gambell, on Alaska's St. Lawrence Island in the Bering Strait, where they asked for asylum.

"They feared for their lives because of Russia, who is targeting minority populations, for conscription into service in Ukraine," Republican U.S. Sen. Lisa Murkowski said Saturday during a candidate forum at the Alaska Federation of Natives conference in Anchorage.

"It is very clear to me that these individuals were in fear, so much in fear of their own government that they risked their lives and took a 15-foot skiff across those open waters," Murkowski said when answering a question about Arctic policy.

"It is clear that (Russian President Vladimir) Putin is focused on a military conquest at the expense of his own people," Murkowski said. "He's got one hand on Ukraine and he's got



U.S. Sen. Lisa Murkowski, a Republican seeking re-election, answers a question during a candidate forum, Saturday, Oct. 22, 2022, in Anchorage, Alaska. She faces Republican Kelly Tshibaka and Democrat Pat Chesbro in the Nov. 8, 2022, election.

Associated Press

the other on the Arctic, so we have to be eyes wide open on the Arctic."

Murkowski said she met with the two Siberians recently but didn't provide more details about exactly when or where the meeting took place or where their asylum process stood. She was not available after the forum for follow-up questions.

Murkowski's office on Oct. 6 announced their request for asylum, saying the men reportedly fled one of the coastal communities on Russia's east coast.

A village elder in Gambell, 87-year-old Bruce Bo-

lowon, is believed to be the last living Alaska National Guard member who helped rescue 11 U.S. Navy men who were in a plane that was shot down by Russian MIGs over the Bering Sea in 1955. The plane crash-landed on St. Lawrence Island.

Gambell, an Alaska Native community of about 600 people, is about 36 miles (58 kilometers) from Russia's Chukotka Peninsula in Siberia.

Even though one of the Russians spoke English pretty well, two Russian-born women from Gambell were

brought in to translate. Both women married local men and became naturalized U.S. citizens, said Boolowon, who is Siberian Yupik.

Russians landing in Gambell during the Cold War was commonplace, but the visits were not nefarious, Boolowon said. Since St. Lawrence Island is so close to Russia, people routinely traveled back and forth to visit relatives.

But these two men seeking asylum were unknown to the people of Gambell.

"They were foreigners and didn't have any passports, so they put them in jail," he

told The Associated Press last week.

The two men spent the night in the jailhouse, but townspeople in Gambell brought them food, both Alaska Native dishes and items bought at a grocery store.

"They were pretty full; they ate a lot," Boolowon said.

"The next day, a Coast Guard C-130 with some officials came and picked them up," he said, adding that was the last he heard about the Russians.

Since then, officials have been tight-lipped.

"The individuals were transported to Anchorage for inspection, which includes a screening and vetting process, and then subsequently processed in accordance with applicable U.S. immigration laws under the Immigration and Nationality Act," was all a Department of Homeland Security spokesman said in an email this past week when asked for an update on the asylum process and if and where the men were being held.

Margaret Stock, an immigration attorney in Anchorage, said it's very unlikely information about the Russians will ever be released.

"The U.S. government is supposed to keep all of this confidential, so I don't know why they would be telling anybody anything," she told the AP. □



The wall on the Israeli border with Lebanon, is seen at right, with the Mediterranean Sea in the distance, in Ras Hanikra, Israel, on Oct. 14, 2022.

Associated Press

BAKERSFIELD, Calif. (AP) — A California judge has ruled

in favor of a bakery owner who refused to make wed-

Judge rules for California baker over same-sex wedding cake

ding cakes for a same-sex couple because it violated her Christian beliefs.

The state Department of Fair Housing and Employment had sued Tastries Bakery in Bakersfield, arguing owner Cathy Miller intentionally discriminated against the couple in violation of California's Unruh Civil Rights Act.

Miller's attorneys argued her right to free speech and free expression of religion trumped the argument that she violated the anti-discrimination law. Kern County Superior Court Judge Eric Bradshaw ruled

Friday that Miller acted lawfully while upholding her beliefs about what the Bible teaches regarding marriage.

The decision was welcomed as a First Amendment victory by Miller and her pro-bono attorneys with the conservative Thomas More Society.

"I'm hoping that in our community we can grow together," Miller told the Bakersfield Californian after the ruling. "And we should understand that we shouldn't push any agenda against anyone else."

A spokesperson said the

fair housing department was aware of the ruling but had not determined what to do next. The couple, Eileen and Mireya Rodriguez-Del Rio, said they expect an appeal.

"Of course we're disappointed, but not surprised," Eileen told the newspaper. "We anticipate that our appeal will have a different result."

An earlier decision in Kern County Superior Court also went Miller's way, but it was later vacated by the 5th District Court of Appeal, which sent the lawsuit back to the county. □

Israeli High Court rejects challenges to Lebanon sea deal

JERUSALEM (AP) — Israel's Supreme Court on Sunday threw out four legal challenges to a landmark maritime agreement between Israel and Lebanon, clearing a major hurdle for the deal that could mark a major breakthrough in relations between the two countries. The court did not immediately release its reasons for rejecting the challenges, which were submitted by an influential conservative policy group and an ultra-nationalist Israeli politician, among others. The court's ruling paves the way for the agreement to be given final approval by Israel's the government, a step expected later this week. Lebanon and Israel both claim some 860 square kilometers (330 square miles) of the Mediterranean Sea. At stake are rights over

exploiting undersea natural gas reserves. Lebanon hopes gas exploration will help lift its country out of its spiraling economic crisis. Israel also hopes to exploit gas reserves while also easing tensions with its northern neighbor. Critics of the deal who had appealed to the court said the current interim government should not be allowed to change Israel's maritime border or make such weighty, strategic decisions without an electoral mandate.

"Israel has crossed a fundamental democratic line, with a lame duck government agreeing to give up the country's sovereign territory to an enemy state days before an election," said Eugene Kontorovich, of the Kohelet Policy Forum, the conservative think



The wall on the Israeli border with Lebanon, is seen at right, with the Mediterranean Sea in the distance, in Ras Hanikra, Israel, on Oct. 14, 2022.

Associated Press

tank that had petitioned the court. Israel heads to the polls for the fifth time in less than four years next week.

Israel and Lebanon and formally have been at war since Israel's establishment in 1948. In 2006, Israel and the Shiite militant group

Hezbollah fought a month-long, inconclusive war and tensions with the group remain high.

Israel says the deal will bolster its security, help stabilize the northern frontier and boost the economy with billions in revenue from any gas discovered. □

U.K. prime minister: Sunak leads race, Johnson yet to declare

By SYLVIA HUI

Associated Press

LONDON (AP) — Former British Treasury chief Rishi Sunak was the frontrunner Sunday in the Conservative Party's race to replace Liz Truss as prime minister. Sunak garnered the public support of over 100 Tory lawmakers to forge ahead of his two main rivals: former Prime Minister Boris Johnson and ex-Cabinet minister Penny Mordaunt.

But widespread uncertainty remained after British media reported that Sunak held late-night talks with Johnson on Saturday. Speculation mounted that the pair could strike a deal to unite the fractured governing party after it was left reeling from Truss' rapid downfall following Johnson's ouster.

The Conservative Party hastily ordered a contest that aims to finalize nominations Monday and install a new prime minister — its third this year — within a week.

Sunak, 42, was runner-up after Truss in this summer's Tory leadership race to replace Johnson after he was forced out by a string of ethics scandals. On Sunday, he confirmed he was



The wall on the Israeli border with Lebanon, is seen at right, with the Mediterranean Sea in the distance, in Ras Hanikra, Israel, on Oct. 14, 2022.

running again in the latest leadership contest.

Sunak has the backing of at least 124 Conservative lawmakers, according to unofficial tallies compiled by British news organizations. That's well ahead of the 100 nominations required to qualify.

"There will be integrity, professionalism and accountability at every level of the government I lead and I will work day in and day out to get the job done," Sunak said in a statement.

Johnson, who has not yet declared if he is running, has public support from about 50 lawmakers so far, while Mordaunt had support from about 23, ac-

cording to the unofficial tallies.

U.K. Business Secretary Jacob Rees-Mogg told the BBC on Sunday that he spoke with Johnson and "clearly he's going to stand" after flying back to London Saturday from a vacation in the Dominican Republic.

Mordaunt and Johnson — if he confirms he is running — have until Monday afternoon to garner 100 nominations. If all three meet the threshold, lawmakers will vote to knock out one and then hold an indicative vote on the final two. The party's 172,000 members would then get to decide between the two

finalists in an online vote. The new leader is due to be selected by Friday.

A possible return to power for Johnson, 58, who officially quit only in early September, has deeply divided the Conservatives and alarmed many others. Supporters say he is a vote winner and has enough support from lawmakers, but many critics warn that another Johnson government would be catastrophic for the party and the country. Northern Ireland minister Steve Baker, a former backer of Johnson and an influential politician within the Conservative Party, warned a Johnson comeback would be a "guaranteed disaster." Baker noted that Johnson still faces an investigation into whether he lied to Parliament while in office about breaking his government's own coronavirus restrictions during parties at Downing Street.

"This isn't the time for Boris and his style," Baker told Sky News on Sunday. "What we can't do is have him as prime minister in circumstances where he's bound to implode, taking down the whole government ... and we just can't do that again." □

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Fears over Russian threat to Norway's energy infrastructure

By MARK LEWIS

Associated Press

STAVANGER, Norway (AP)

— Norwegian oil and gas workers normally don't see anything more threatening than North Sea waves crashing against the steel legs of their offshore platforms. But lately they have noticed a more troubling sight: unidentified drones buzzing in the skies overhead.

With Norway replacing Russia as Europe's main source of natural gas, military experts suspect the unmanned aircraft are Moscow's doings. They list espionage, sabotage and intimidation as possible motives for the drone flights.

The Norwegian government has sent warships, coastguard vessels and fighter jets to patrol around the offshore facilities. Norway's national guard stationed soldiers around onshore refineries that also were buzzed by drones.

Prime Minister Jonas Gahr Støre has invited the navies of NATO allies Britain, France and Germany to help address what could be more than a Norwegian problem.

Precious little of the offshore oil that provides vast income for Norway is used by the country's 5.4 million inhabitants. Instead, it powers much of Europe. Natural gas is another commodity



The Sleipner A gas platform, Norway, Oct. 1, 2022 as a Coast Guard ship patrols around the platform.

of continental significance. "The value of Norwegian gas to Europe has never been higher," Ståle Ulriksen, a researcher at the Royal Norwegian Naval Academy, said. "As a strategic target for sabotage, Norwegian gas pipelines are probably the highest value target in Europe."

Closures of airports, and evacuations of an oil refinery and a gas terminal last week due to drone sightings caused huge disruptions.

But with winter approaching in Europe, there is worry the drones may portend a

bigger threat to the 9,000 kilometers (5,600 miles) of gas pipelines that spider from Norway's sea platforms to terminals in Britain and mainland Europe.

Since the start of the war in Ukraine in late February, European Union countries have scrambled to replace their Russian gas imports with shipments from Norway. The suspected sabotage of the Nord Stream 1 and 2 pipelines in the Baltic Sea last month happened a day before Norway opened a new Baltic pipeline to Poland.

Amund Revheim, who

heads the North Sea and environment group for Norway's South West Police force, said his team interviewed more than 70 offshore workers who have spotted drones near their facilities.

"The working thesis is that they are controlled from vessels or submarines nearby," Revheim said.

Winged drones have a longer range, but investigators considered credible a sighting of a helicopter-style bladed model near the Sleipner platform, located in a North Sea gas field 250 kilometers (150

miles) from the coast.

Norwegian police have worked closely with military investigators who are analyzing marine traffic.

Some platform operators have reported seeing Russian-flagged research vessels in close vicinity.

Revheim said no pattern has been established from legal marine traffic and he is concerned about causing unnecessary, disruptive worry for workers.

But Ulriksen, of the naval academy, said the distinction between Russian civilian and military ships is narrow and the reported research vessels could fairly be described as "spy ships."

The arrest of at least seven Russian nationals caught either carrying or illegally flying drones over Norwegian territory has raised tensions.

On Wednesday, the same day a drone sighting grounded planes in Bergen, Norway's second-biggest city, the Norwegian Police Security Service took over the case from local officers.

"We have taken over the investigation because it is our job to investigate espionage and enforce sanction rules against Russia," Martin Bernsen, an official with the service known by the Norwegian acronym PST.

He said the "sabotage or possible mapping" of energy infrastructure was an ongoing concern. □

Associated Press



Ethiopians protest against what they say is interference by outsiders in the country's internal affairs and against the Tigray People's Liberation Front (TPLF), the party of Tigray's fugitive leaders, at a rally organized by the city administration in the capital Addis Ababa, Ethiopia Saturday, Oct. 22, 2022.

Associated Press

ADDIS ABABA, Ethiopia (AP)

— Ethiopian and Eritrean forces took control of the historic town of Adwa in the

embattled Tigray region, a humanitarian worker said Sunday, ahead of the start of anticipated peace

Ethiopia takes Tigray town ahead of anticipated peace talks

talks between the warring parties. Ethiopian and Eritrean military units captured Adwa on Saturday as Tigray forces retreated from the town after suffering "major losses," the aid worker told The Associated Press. An airstrike hit Adwa on Friday, causing an unspecified number of civilian casualties, according to the worker, who spoke on the condition of anonymity because of safety concerns.

Losing Adwa is the latest setback for Tigray's fugitive leaders, who have lost control of a string of towns in recent days. Ethiopia's

federal government said Tuesday it had captured the major town of Shire, home to a camp for internally displaced people, and vowed to take control of Tigray's airports.

Eritrean troops are fighting on the side of Ethiopia's federal army in the Tigray conflict.

South Africa is set to host peace talks, convened by the African Union, that one Ethiopian government official had said would begin Oct. 24. But the African Union itself has not released details about plans for the talks, if and when they start. The talks were meant to be-

gin earlier in October but were postponed because of logistical and technical issues. Western diplomats and others have welcomed news of talks, urging the parties to agree to an immediate cease-fire.

Pope Francis on Sunday told a crowd in St. Peter's Square that he was following "with trepidation the persistent situation of conflict" in the Horn of Africa nation.

"May the efforts of the parties who are involved in dialogue and the search for the common good lead to a concrete path of reconciliation," he said. □



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Jairo Vrolijk, Space and Nature Aruba Foundation “Houses, hotels, buildings were built without any thought to light pollution”

ORANJESTAD – Space and Nature Aruba Foundation posted a poll on their Facebook page to find out how well-informed the Aruban community is regarding light pollution and its effects.

A hundred years ago, people could look up and see a spectacular sky brimming with stars. Nowadays, millions of people cannot experience the universe because of light pollution which negatively affects the environment, security, electricity usage, and people's health.

Excessive or inappropriate use of light, which is known as light pollution, can have grave consequences for human beings and the environment. This includes excessive brightness causing visual discomfort, light in the night sky in inhabited areas, or a light that is situated where it is not needed.

During an interview with our reporter, president of Space and Nature Aruba Foundation, Jairo Vrolijk explained that in 2020 they began consulting with the International Dark-Sky Association, a world foundation established in the United States with the goal of expanding awareness regarding light pollution and promote what they call Dark Sky, which is the dark skies at night, with the main goal of protecting these for the future generations.

“They also certify places, for example parks or common areas for recreation, they can be certified as Dark Sky Park or Dark Sky Place”, according to Vrolijk. He explained that the

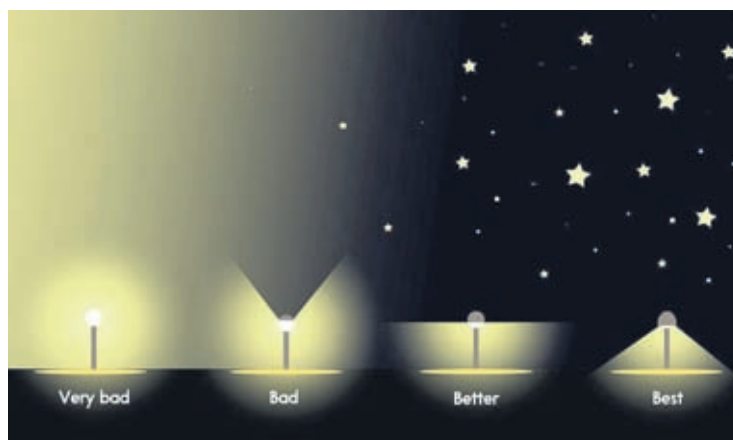


process to get such certification is very lengthy. At the end of 2021, Vrolijk began working on this process to exchange information and ideas. He said his status within the association changed from Advocate to Delegate, and once his status changed, he came on the world stage of International Dark Sky Association. People can now approach him to get more information on light pollution and he can promote awareness for Dark Sky in Aruba. “But in Aruba, it is not easy. That's why we want to measure the interest and the knowledge people have on this topic of light pollution”, he said.

There are many aspects of pollution – gas emissions like those emitted by water and energy plant WEB; air pollution like that coming off the dump in Parkietenbos; waste pollution

that contaminates even reaching the water in the sea or our drinking water. “But light pollution is still a bit unknown and doesn't get a priority in our community. There are houses, hotels, buildings that were built without any thought on how they emit certain pollution without our knowledge”, Vrolijk points out.

For this reason they carried out the survey “Impact/Knowledge regarding Light Pollution” on the Facebook Page “Space and Nature Aruba Foundation”, where they reach out to the community to think about light pollution. They ask if the community is willing to adapt the way light is installed, if certain neighborhoods would be willing to modify this and even make the lights less bright during certain hours of the night – or even turn them off entirely.



Vrolijk indicated that they are receiving information from the survey, until Friday, 82 people had completed it. The survey will remain available for at least two more weeks in order to get more responses, so they can continue sharing information and give more practical recommendations so that the community can make changes at home and commercial spaces.

Once they find out from the community if they have heard of light pollution or if they are willing to make changes, the foundation will approach the community through different workshops to explain the impact of light pollution and what can be done about it. They will also give information regarding the local flora and fauna, people's health, vision and security, how much people can save by installing adequate lighting – and in this they want to reach the tourism sector.

Vrolijk mentioned that Aruba receives tourists from big cities like New York and Amsterdam. These are cities with a high intensity of light where people cannot see a single star in the sky. “They cannot enjoy how beautiful our universe is. And little by little, if we do nothing, Aruba will surely lose this too”, Vrolijk warned.

He says that local tourism can benefit if our visitors can come to Aruba and enjoy what is left of a sky full of stars, that they cannot see at home.

“We will do it in the context of letters. We will enter the

community with help of the international association Dark Sky, they have a lot of materials to educate people on how to install lights and what the impact of light is on our flora and fauna. We will distribute this information in the neighborhoods where there is a lot of light intensity to begin creating awareness in people”, he commented.

Vrolijk said that they also have the goal of consulting with government agencies like Department of Nature and Environment, Arikok National Park, Tortuga Aruba Foundation, among others, to see how they can work together to share this information. “Particularly if we want to transform the Arikok National Park, in the sense that we can certify with International Dark Sky Association for it to become a Dark Sky Park. This is a two-to-three year long process, because certain requirements need to be met. But once it is certified, we can begin promoting Aruba worldwide as a country having a place certified as a Dark Sky Park, and then you will attract another branch of tourism to Aruba.”

Vrolijk says that it will be a long road, as some changes in law are necessary the same as regarding sound, but this can be done for light.

Aside from their Facebook page, Space and Nature Aruba Foundation, they have another Facebook page called International Dark Sky Association Aruba. On these two pages they will publish the results of the survey. □



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Over a decade in business, Aruba Living Today: Offering the so much needed human touch

NOORD — We are in 2022. It's been a wild ride with Covid-19 and we all are aiming for a change of routine. We simply want to "live" life again. "It is time for living your dream," as the quote says at Aruba Living Today's office. "We are ten plus years in business, and I am proud to say that all our clients stuck with us. We are no part of a big company, we keep it small, personal, and real. Because you are not a number, no sales target either and certainly your name is not commission. Our responsibility is to make your dream come true," says owner Randolph Arends.

Tempting times

Do you remember the feeling as a kid, when you went to the store with your mom and the baker gave you a sweet roll, the butcher a slice of ham and they all took time to talk to each other? That time when doing groceries on a Saturday meant fun, making friends, and creating connections. To be fully aware in the moment and enjoying the time together sounds like a controversy today. Everything is efficient, there's no-time-to-waste and while doing one task the mind is already thinking ahead to what is next on your to-do list. Did Covid-19 teach us anything? Weren't we telling each other during the lockdown that we would pay more attention to each other? Wasn't the message that health and happiness is so much more valuable than hitting targets and implement to-do tasks? The pandemic prevents us from connecting physically. Tight hugs and shaking hands firmly are no longer a natural thing. We live in a world of face masks hides smiles, and hands are sani-

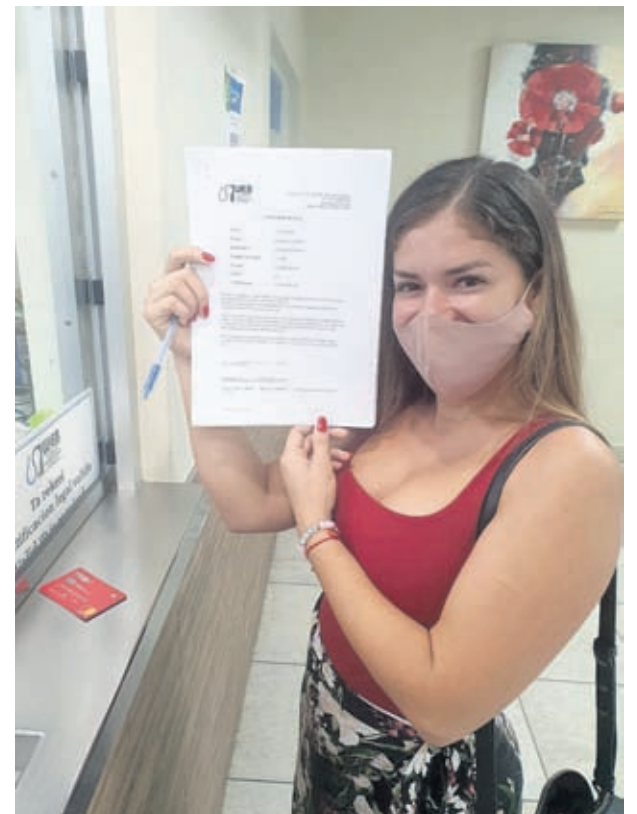
tized after each touch. This is not who we are. We are in search for connection.

From human to human

If you have decided to buy a house or rent one for vacation in Aruba and you are looking for that match, the question now is how to click with a person that offers a personal touch? One who pays genuine attention and has sincere interest in what you want? This different approach to real estate is what sets Aruba Living Today apart, and the reason Randolph calls himself a property mediator instead of a real estate broker. "The personal touch is essential to me. I am stepping aside of the image that real estate brokers are only in for the commission. This image does not fit me at all, I am in for my passion, and I can only do this from the heart."

One stop shopping point

Services offered by Aruba Living Today are House and Land Sales, Rentals, Investments, Property Management, Vacation Rental, Mortgages, Insurances, Maintenance, Assist in Arrangements for Notary and Utilities, Guiding Bureaucracy Process and Assisting in Import of Furniture. Randolph and his business partner Berend Prenger are a fantastic, experienced duo, each of them specialists in the field. Berend is also a certified appraiser within the Dutch Kingdom meaning he does your appraisal report that is accepted by all banks and he delivers within three days. "This definitely speeds up the process of buying," Prenger adds.



You are welcome to meet in person

Aruba Living Today houses in an authentic Aruban house, welcoming you in a warm ambiance that emphasizes the philosophy of connecting. Candles, Buddha ornaments and a homey setting form the décor for you to sit and talk about your dream house or investment. "My goal was to do real estate in a different way when I established this company June 1st 2009. Not from the perspective of only selling, but to look for the perfect match between dream house and client. My philosophy is: it will only work when all involved are happy and connected by that personal touch."

Aruba Living Today caters for both local and foreign market divided into 40 % local buyers and 60 % foreign buyers. "Our customers come from Holland, Belgium, Norway, Germany, UK, Russia, Latin America, United States and Canada. We are widely covered and thus provable good with different cultures, also we speak four languages." Besides that, Aruba Living Today is open to every budget, they have listings for all category buyers. As a member of the Aruban Real Estate Association, they are listed also on the website www.arubalisting.com within a group of 20 of the most advanced realtors on the island. Aruba Living Today is featured on House Hunters, social media, Aruba Living Today and of course in Aruba Today's newspaper. □

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Art Week Aruba 2022

The Buenos Aires based artist Fio Silva



SANNICOLAS/ARTFAIR2022: The word is out, Aruba is becoming the Art Centrum to be in, where all renowned muralist wants to exhibit their art pieces.

Aruba gathered the finest muralists from most part of the world and made the streets of San Nicolas in a want to see and want to

be in, urban revolving out door Gallery.

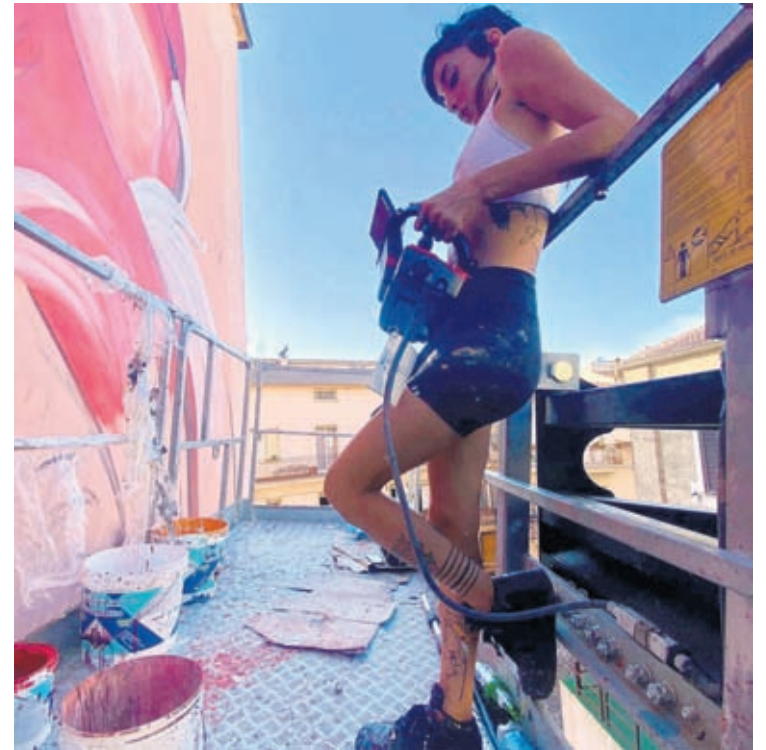
ArtisA, the holding of all that happens with the murals and Aruba Art Fair is evolving, thinking in global happenings such as extinction of the species

Our Artist for this week is Fio Silva from Argentina

Flamboyant and exquisite in her work.

The Buenos Aires-based artist focuses largely on movement, a thread that runs through both the vivid renderings of winged subjects as they appear to take flight or perch for just a moment.

When working in color, the



artist starts with blues, yellows, and reds before expanding the palette based on the moods and to intensify clusters of oversized birds creating spectacular murals.

Fio, is looking at converting a strategically situated old building in something magnificent, illustrating one of the most endangered species on our Island. Ducks are rarely found on the Island. And it should not be like that. So, she is creating a spectacular creation for your eyes only!

Art Fair 2022, November 4.5.6, 2022, will be an explosion of Arts where more than 150 local and international artists will expose their arts, and more than 15 International Artists will leave their artistic mark on Aruba's largest murals in the long NOT forgotten sunrise city San Nicolas, the Art Capital of the Caribbean, named by Forbes.

ArtisA in partnership with Aruba Tourism Authority Sui Generis invites you to follow us via [www. Artfairaruba.com](http://www.Artfairaruba.com) or visit us at ArtisA Gallery in San Nicolas. □



“Mall-O-Ween Weekend at Paseo Herencia”

ORANJESTAD – Paseo Herencia is celebrating Halloween with three days of family fun starting on Friday, October 28th to Sunday, October 30th. Events will take place on the Plaza Padu, in the cinema elevator and on stage with live entertainment, Halloween trunk show, Trick or Treating event and much more.

Paseo Herencia is an outdoor entertainment center, located on the hotel strip across from the Holiday Inn, with a variety of shops, restaurants and the Caribbean Cinemas. Visi-

tors can enjoy nightly entertainment with live shows on stage and the popular watershow. During this Halloween weekend there will be special performances and fun games on stage with other spooky activities on the plaza.

Watch your favorite scary movies come to life in the Haunted Cinema Elevator on Friday, October 28th from 7pm to 10pm. Experience a short and haunting lift before catching a scary movie at the Caribbean Cinemas. Visit the elevator on the first floor behind the



cinema escalators.

Saturday is all about the family-friendly Halloween Trunk Show. Check out the spooky decorated cars in the Paseo parking garage from 5pm to 8pm followed by live entertainment and dance show on stage.

Dress up to your favorite Halloween character, grab your Halloween Bag and go Trick or Treating on Sun-

day, October 30th starting at 5pm. Complimentary Halloween Bags will be given to the first 500 kids in Halloween costumes. Catch the Halloween Show on stage at 6pm with dance performances, fun games and prizes and close the night with a Halloween themed watershow.

During the Halloween weekend, grownups can also enjoy Halloween with

a twist with the Spooky Bar Crawl event. Catch a sip of the frightening Halloween drinks during the whole weekend at the participating bars for only \$5. Collect 3 drinks and participate to win fun Halloween prizes.

Visit the Paseo Herencia website at www.paseoherencia.com to learn more about this event and to see all Halloween deals and promotions. □

infini

by Urvin Croes

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Aruba to me

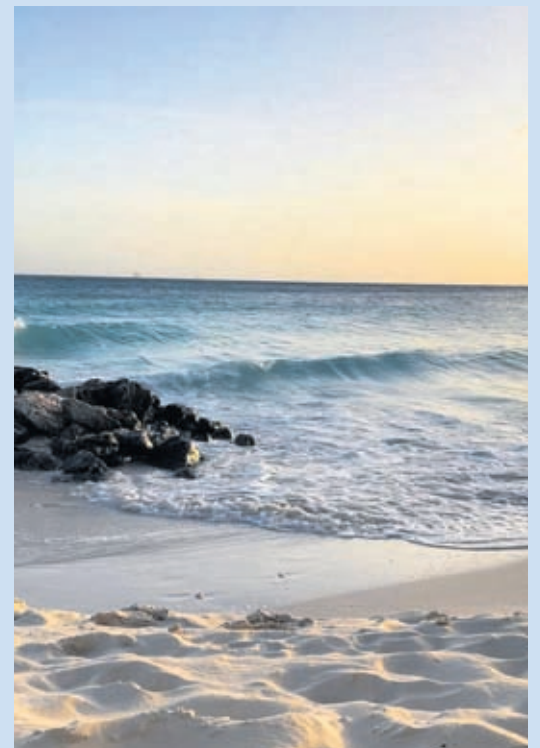
ORANJESTAD — You are back and we would like to portrait you! By inviting you to send us your favorite vacation picture while enjoying our Happy Island.

Complete the sentence: Aruba to me is Send your picture with that text (including your name and where you are from) to: news@arubatoday.com and we will publish your vacation memory. Isn't that a special way to keep your best moments alive? Please do note: By submitting photos, text or any other materials, you give permission to The Aruba Today Newspaper, Caribbean Speed Printers and any of its affiliated companies to use said materials, as well as names, likeness, etc. for promotional purposes without compensation.

Last but not least: check out our website, Instagram and Facebook page! Thank you for supporting our free newspaper, we strive to make you a happy reader every day again.

For today we received a lovely message from **Jolanta Twardowski** from California, who wrote to us saying;

“Aruba to me. It's a place I can distress my mind and rejuvenate my heart and



body. It's a place that makes me happy. Every time I land in Aruba (no matter how exhausting the flight was) I have a smile on my face, and my heart is full of joy.”

Thank you so much for sharing what Aruba means to you. We hope you have a wonderful time on your next visit. Aruba is ready to welcome you soon! □

Life after Alzheimer's diagnosis

Drs. Melva Croes Yáñez (Neuropsychologist / President of Alzheimer Foundation Aruba (FAA))

ORANJESTAD – Recently Aruba Alzheimer Foundation gave a presentation regarding topics of importance for the group in our community who needs more attention and support, our older persons. Together with Drs. Melva Croes Yanez, who aside from her work at the foundation is a neuropsychologist, we want to help bring awareness to the community regarding what our older persons are experiencing and what we can do to help, ensuring them the quality of life they deserve.

In order to create awareness and education, it is important to understand certain aspects and put the focus on these. This is not only important for Alzheimer's patients but for any aspect relating to health.

Diagnosis: what is it?

This is the process carried out by an authorized and competent professional with the goal of determining the origin and nature of a condition/illness, through an extensive evaluation of the signs, symptoms and tests (laboratory and clinical, for example, MRI, physiological, neuropsychological, etc.)

For this process to be reliable, we must always take into consideration and adapt based on cultural differences in emotional and physical expressions of the client or patient. This means that it is not enough to just bring a translator to ensure good communication at the doctor's office!

This is mentioned because it is customary for a family member of the client, or the doctor's secretary, to assume the role of translator or interpreter during the medical intake interview with the client or patient. This interpreter, who is not an adequate professional, has a tendency to make mistakes in the translation which can potentially be dangerous for the diagno-



sis, and in turn the life, treatment and guidance that the patient will receive after diagnosis, for example because of misunderstandings.

When all the necessary tests have been completed, the professional or doctor will analyze the results in order to determine the possible cause of the symptoms that were observed. This results in a diagnosis.

The professional gives the diagnosis to the client or patient.

The medical professional has an obligation to explain the result in an honest way that the client or patient as well as their representative can understand; and to give this diagnosis to the patient in writing. This is to fulfill the civic rights of the patient or client.

It is extremely important to understand this part, according to Croes Yanez. With this knowledge, when we are receiving a service from a medical professional we can be sure that this fulfills our rights, and that they are fulfilling their tasks and obligations correctly.

It is important that we always make sure that we are receiving a reliable di-

agnosis that complies with this process.

Importance of a reliable process and diagnosis

The importance of a reliable process and diagnosis for the client or patient is for example to bring clarity for the patient who has uncertainty regarding their condition; can guarantee adequate treatment; can reduce or possibly prevent complications and/or progression of the condition.

A correct diagnosis according to protocol can prevent damage caused by an unnecessary diagnosis and/or incorrect treatment.

Aside from eliminating uncertainty with the client, their family and representatives, the diagnosis can also open the door for the opportunity to come into contact with other people with the same condition in order to receive support, better self-management of the condition and prognosis on how to deal with the condition, and can also contribute to a better quality of life after diagnosis.

It can happen that a diagnosis is not correct. This can have different reasons. For example, the diagnosis

was not made according to protocol, the information that was provided was not correctly interpreted, the material used lacks credibility and did not take the cultural norms of the client into consideration, or it was interpreted according to the cultural framework of reference of the professional, etc.

Neurocognitive disorder instead of dementia

DSM-5 was introduced in 2013. In general, DSM stands for Diagnostic Statistical Manual and its roots go back to the 19th century. This 5th manual, same as those before it, is directed among others to scientists and advisors who determine the standard and protocols of classification of mental disorders and illnesses. All those working on the field of diagnosis of mental disorders and illnesses need to have knowledge of DSM-5 in order to provide the most reliable diagnosis possible.

Since 2013, the terminology 'neurocognitive disorder' is used replacing the term 'dementia', which is considered a rude word. In fact, this term does not fit with the description of the symptoms observed

in the patient. Until now, there are still professionals refusing to use the new introduced term of 'neurocognitive disorders' and choose to continue using the word dementia – which means, 'without mind'. Use of this term can have consequences on the diagnosis, because if the diagnosis itself speaks of a person without a mind, it can be expected that those who receive this diagnosis will begin acting according to this expression.

This can have as a consequence that the client or patient will not be given the usual respect and care, and might even be stigmatized because of the diagnosis. This without a doubt will lead to stigmatization, discrimination, depersonification and even abuse or negligence of those suffering one of these progressive conditions after diagnosis.

FAA continues fighting for the dignity of all those suffering from neurocognitive disorders, so they can be sure that for FAA, every human being is someone has a mind. □

CROSSWORD

By THOMAS JOSEPH

ACROSS 40 Title
1 Ventilation paper tube
5 Petty argument
9 Paris subway
10 Kind of kitchen
12 Underway, to Holmes
13 Fancy flapjack
14 Closed, as a fly
16 Fitting students
17 Yale lifts
21 Neptune's realm
22 At an incline
23 Makes do
24 Reporters' exclusives
26 River stopper
29 Prone
30 Lily type
31 Phone download
32 Dropped down
34 Go bad
37 Unmanned flier
38 Therefore
39 Survives

DOWN
1 Sully
2 Perfect place
3 Yields of fields
4 Carryall
5 Brief time
6 Golf goal
7 Relaxed
8 Rewarded for good service
9 Labyrinths
11 Brooklyn team
15 Needed fixing, as a faucet
19 Pub brews
20 "— a deal!"
22 Hammer or hack-saw
23 Corn core
24 Drank daintily
25 Ness nemesis
26 Oust from power
27 FBI employees
28 Manners
29 Mascara target
30 Aerosol output
33 Not busy
35 Bar rocks
36 Was ahead

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Saturday's answer

1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30	31	32	33
34	35	36	37	38	39	40	41	42	43	44

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

10-24 CRYPTOQUOTE

M G Q V ' O U F F S Q E K
C P H C L M V C K O B S B Q P X G J F
H Q I F U M V B F I F O S K V O S M U
Q V F . — " M O ' U O S F Z I F K O
C P H C L M V . B S K I X M F J I Q E V "

Saturday's Cryptoquote: PEOPLE WHO THINK THEY KNOW EVERYTHING ARE A GREAT ANNOYANCE TO THOSE OF US WHO DO. — ISAAC ASIMOV

Millennial Money: Learn — don't run — from your inner critic

By LAURA MCMULLEN
of NerdWallet

I can be so mean to myself. My inner critic roasts my actions like a political attack ad, with claims that are cruel, overstated and often inaccurate. My ad would assert that I'm stupid with money, bad at decision-making and a crybaby to boot — all endorsed by yours truly.

I'm not the only one talking trash about myself. Most people face negative self-talk at some point, and it comes up often in the practice of New York City-based financial therapist Aja Evans. Even financial therapists serve themselves harsh burns. "My inner monologue is brutal," Evans says. Personal finance is a prime topic for inner critics to judge, as it can be emotionally loaded and involve major decisions. Learn how to identify this voice and reframe its message.

WHY YOU SHOULD ACKNOWLEDGE THIS VOICE

Internal criticisms can be limiting when they become self-fulfilling prophecies, says Lindsay Bryan-Podvin, an Ann Arbor, Michigan-based financial therapist and author of "The Financial Anxiety Solution." For example, why try to reel in your shopping if you've already labeled yourself as an overspender?

Or say your inner voice insists you'll never understand investing. That statement could queue the following negative thought loop, Bryan-Podvin says: Because you already assume you can't grasp investing, maybe you're intimidated by the idea of opening a retirement account. So you don't set one up or learn to do so. Then, well, you don't have retirement savings

or pick up any knowledge about investing. So you continue feeling like you'll never understand it.

This kind of spiral reinforces the initial unhelpful claim, Bryan-Podvin says.

HOW TO IDENTIFY UNHELPFUL SELF-CRITICISM

To address overly critical thinking, you must first recognize it. The fancy term for these thoughts is "cognitive distortions." In a Harvard Medical School article, Dr. Peter Grinspoon describes them as "internal mental filters or biases that increase our misery, fuel our anxiety and make us feel bad about ourselves."

Or consider this simpler definition of a cognitive distortion, from Bryan-Podvin: "an unhelpful or untruthful thought." Look for clues to identify cognitive distortions. According to the Harvard article, those could include labeling, like calling yourself a bad saver, and fortune-telling, like insisting you won't ever make much money. Watch for absolute terms, too, such as "always" and "never," Bryan-Podvin says.

WHAT TO DO WITH YOUR INNER CRITIC

When it comes to quieting these criticisms — or changing any behavior — Evans says that "building awareness and tracking matters." That's why people log calories to eat healthier foods, for example, and track spending to save money.

Similarly, Evans says that acknowledging unfair claims is key to wrangling them. Perhaps in the moment, you simply say, "There's my inner monologue again, being too harsh," she suggests.

If noting your cognitive distortion in the moment is

too hard, she says it's fine to write or talk about your feelings later.

One way to do so is by scheduling recurring "worry sessions," says Alex Melkumian, a licensed marriage and family therapist and founder of the Financial Psychology Center in Los Angeles. Dedicate those times to reflect on the financial challenges worrying you and how you tend to judge yourself about them.

Or attach this reflecting time to an existing habit, like your daily walk, Bryan-Podvin says. Another route: Identify when that inner voice tends to yell the loudest and get ahead of it, she says. For example, if checking your spending always stresses you out, "maybe five minutes before you log in to that budget app, you spend some time lovingly challenging that inner critic," she suggests. Whether you silently note your feelings, jot them down or speak them aloud to yourself or a friend, Evans says, "the key is to be brutally honest with yourself." Examine what your voice says and how you typically react, as well as these criticisms' impact on your life, she says.

Then brainstorm activities that typically get you "back to a more neutral place" when you're overwhelmed, she says. Perhaps jogging outside, calling a buddy or scrolling through dog photos tends to make you feel better. Aim to tap those coping mechanisms the next time your inner monologue gets the best of you.

WAYS TO LEARN FROM YOUR INNER CRITIC

"The goal is not to get rid of the inner critic completely," Melkumian says, adding that doing so would likely be exhausting — and fruitless.

Try to contain, rather than eliminate, the voice, Melkumian says. Think of your mind as a house and the critic as your roommate. "It doesn't have to be sitting right next to us, talking in our ear," he says. □



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24/7

Republican committee sues Google over email spam filters

By JILL COLVIN and
MICHAEL LIEDTKE
Associated Press

SAN FRANCISCO (AP) — The Republican National Committee has filed a lawsuit against tech giant Google, alleging the company has been suppressing its email solicitations ahead of November's midterm elections — an allegation Google denies.

The lawsuit, filed in the District Court for the Eastern District of California Friday evening, accuses Gmail of "discriminating" against the RNC by unfairly sending the group's emails to users' spam folders, impacting both fundraising and get-out-the-vote efforts in pivotal swing states.

"Enough is enough — we are suing Google for their blatant bias against Republicans," said RNC Chairwoman Ronna McDaniel in a statement to The Associated Press. "For ten months in a row, Google has sent crucial end-of-month Republican GOTV and fundraising emails to spam with zero explanation. We are committed to putting an end to this clear pattern of bias."

Google, in a statement, denied the charges. "As we have repeatedly said, we simply don't filter emails based on political affiliation. Gmail's spam filters reflect users' actions," said spokesperson José Castañeda, adding that the company provides train-



Republican National Committee chairman Ronna McDaniel speaks during a Get Out To Vote rally Tuesday, Oct. 18, 2022, in Tampa, Fla.

Associated Press

ing and guidelines to campaigns and works to "maximize email deliverability while minimizing unwanted spam."

The lawsuit focuses on how Google's Gmail, the world's largest email service with about 1.5 billion users, screens solicitations and other material to help prevent users from being inundated by junk mail.

To try to filter material that account holders may not want in their inboxes, Google and other major email providers create programs that flag communications likely to be perceived as unwelcome and move them to spam folders that typically are rarely, if ever, perused by recipients.

The suit says Google has "relegated millions of RNC emails en masse to potential donors' and supporters'

spam folders during pivotal points in election fundraising and community building" — particularly at the end of each month, when political groups tend to send more messages. "It doesn't matter whether the email is about donating, voting, or community outreach. And it doesn't matter whether the emails are sent to people who requested them," it reads. Google contends its algo-

rithms are designated to be neutral, but a study released in March by North Carolina State University found that Gmail was far more likely to block messages from conservative causes.

The study, based on emails sent during the U.S. presidential campaign in 2020, estimated Gmail placed roughly 10% of email from "left-wing" candidates into spam folders, while marking 77% from "right-wing" candidates as spam. □



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3 Bed Ocean view \$28,000
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WK 52 Ocean View \$55,000
WK 7 and 14 - all views

GOLD SEASON

2 Bed Oceanfront \$14,000
2 Bed Oceanside \$12,000
2 Bed Ocean view \$8,000
2 Bed Garden view \$6,000
3 Bed Ocean view \$13,000

Marriott Aruba Ocean Club PLATINUM SEASON

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2 Bed Ocean view \$19,750
1 Bed ocean front \$16,500
1 Bed ocean view \$12,000
GOLD SEASON
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2 Bed Ocean view \$11,500
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Panthers stun Brady, Bucs 21-3 as Tampa Bay drops below .500

By The Associated Press

CHARLOTTE, N.C. (AP) —

Tom Brady and the Tampa Bay Buccaneers fell below .500 with a stunning 21-3 loss to the Carolina Panthers, who won their second game of the season Sunday despite playing with a third-string quarterback and interim head coach. Brady was 32-of-49 passing for 290 yards for the Bucs (3-4). One of those incompletions came when a wide-open Mike Evans dropped what would have been a 64-yard touchdown on the third play of the game.

Brady hasn't had a losing record this far into a season since the 2002 New England Patriots dropped four straight games to reach 3-4. P.J. Walker threw for 177 yards and two touchdowns for Carolina (2-5) in place of injured Baker Mayfield and Sam Darnold. The Panthers won for the first time under interim coach Steve Wilks, who replaced Matt Rhule when he was fired Oct. 10.

Tampa Bay's defense allowed the Panthers to rush for 173 yards. D'Onta Foreman ran for 118 yards, and Chuba Hubbard added 63 yards and a touchdown.

Carolina came in as a 13 1/2-point underdog and having lost 12 of 13 games. It's now one game behind the Bucs and Atlanta Falcons for first place in the NFC South.

COMMANDERS 23, PACKERS 21

LANDOVER, Md. (AP) — Aaron Rodgers and the Green Bay offense sputtered and Washington handed the Packers their third straight loss.

Nursing a sore thumb and out of sync with receivers, Rodgers was 23 of 35 for 194 yards and the Packers went 0 of 6 on third down. Green Bay (3-4) had just 232 total yards of offense to Washington's 364 and lost Allen Lazard to a shoulder injury, making him the team's third wide receiver to go down during the first losing streak under coach Matt LaFleur.

Rodgers finished the game face down on the turf after a failed final play that ended with him throwing a



Tampa Bay Buccaneers quarterback Tom Brady (12) is sacked by Carolina Panthers linebacker Frankie Luvu (49) and teammate defensive end Yetur Gross-Matos (97) during the second half of an NFL football game Sunday, Oct. 23, 2022, in Charlotte, N.C.

lateral out of bounds.

Washington's front four also played a role in frazzling Rodgers and making him look more like a rookie than a 38-year-old four-time MVP. Only a series of penalties on the Commanders (3-4) made the game close in the final minutes.

Taylor Heinicke, making his first start of the season in place of injured Carson Wentz, threw for two touchdowns — including a perfect 37-yard pass to Terry McLaurin — and was 20 of 33 for 200 yards.

Heinicke got off to a rough start, going 1 for 7 — including an interception that De'Vondre Campbell returned 63 yards for a touchdown.

GIANTS 23, JAGUARS 17

JACKSONVILLE, Fla. (AP) — Two New York defenders tackled Christian Kirk inside the 1-yard line as time expired to preserve the win over Jacksonville.

The Giants matched their best start since 2008. Quarterback Daniel Jones ran for a career-high 107 yards and a touchdown, turning to his legs to carry the Giants (6-1) down the stretch. He ran for 35 yards on a go-ahead drive and capped it with a 1-yard plunge after consecutive penalties by Jacksonville moved the

ball inches from the goal line. Jacksonville had a final shot and reached the New York 1-yard on Trevor Lawrence's pass to Kirk. But Julian Love and Xavier McKinney stopped Kirk short of the goal line, even as Jaguars players tried pushing the pile into the end zone. Lawrence finished 22 of 43 for 310 yards for reeling Jacksonville (2-5), which lost its fourth straight. Saquon Barkley finished with 107 yards on 24 carries, and Graham Gano kicked three field goals for New York. Gano's last one gave the Giants some breathing room.

RAVENS 23, BROWNS 20

BALTIMORE (AP) — Gus Edwards ran for two touchdowns in his first game back from a major knee injury, and Baltimore avoided another fourth-quarter collapse thanks to a couple huge Cleveland penalties. The Ravens (4-3) led 23-13 after Justin Tucker's 55-yard field goal with 11:24 remaining, but the Browns responded with a 2-yard touchdown run by Kareem Hunt to make it a three-point game. Then a fumble by Baltimore's Justice Hill gave Cleveland the ball at its own 16 with 3:12 to play. With the Browns driving, Amari Cooper was called

for offensive pass interference, and a false-start penalty on a field-goal attempt forced Cade York to try it from 60 yards. His attempt was blocked by Malik Harrison with 1:59 remaining. Cleveland (2-5) has lost four in a row.

Edwards missed all of last season and the first six games of this one, but he rushed for 66 yards scored on runs of 7 and 1. Baltimore remained tied with Cincinnati atop the AFC North.

The Ravens' Lamar Jackson was sacked three times and threw for only 120 yards. The Browns' Jacoby Brissett was 22 of 27 for 258 yards, but he was sacked five times and fumbled on one of them.

COWBOYS 24, LIONS 6

ARLINGTON, Texas (AP) — Ezekiel Elliott ran for two 1-yard touchdowns and Dak Prescott threw for a score in his return from injury while Dallas leaned on its defense to beat Detroit. The Cowboys (5-2) recovered Jamaal Williams' fumble inside their 1 with a four-point lead early in the fourth quarter. Jared Goff was responsible for four other Detroit turnovers — he threw two interceptions and lost two fumbles. Prescott was predictably

ragged after missing five games with a fractured right thumb. He was 19 of 25 for 207 yards, while Goff was 21 of 26 for 228 yards. Goff's first three turnovers led to the three Dallas touchdowns.

The Lions (1-5) got a solid showing for three quarters from the NFL's worst defense, but coach Dan Campbell fell to 0-11-1 on the road with the Lions.

Elliott had 57 yards on 15 carries, and Tony Pollard rushed 12 times for 83 yards.

TITANS 19, COLTS 10

NASHVILLE, Tenn. (AP) — Andrew Adams returned an interception 76 yards for the first pick-6 of his career, and Tennessee never trailed while completing its second straight sweep of AFC South rival Indianapolis. The reigning two-time division champion Titans (4-2) won their fourth straight overall, and they've now beaten the Colts five straight times.

Randy Bullock matched his career high with four field goals, the last two providing Tennessee's first points this season in the fourth quarter. Bullock's 48-yarder provided the final margin with 4:47 remaining.

The Titans forced three turnovers, the last on Michael Pittman Jr.'s fumble with 3:22 left. Jeffery Simmons also had one of three sacks for Tennessee.

Derrick Henry helped seal the win with his third straight 100-yard rushing game, finishing with a season-high 128 yards on 30 carries.

Matt Ryan went 33 of 44 for 243 yards and a touchdown but was intercepted twice. The Colts (3-3-1) saw their two-game win streak end.

BENGALS 35, FALCONS 17

CINCINNATI (AP) — Joe Burrow passed for 345 yards and three touchdowns in the first half as Cincinnati scored on its first four possessions to roll past Atlanta. The Cincinnati quarterback played his best game of the season, finishing 34 of 42 for 481 yards and three touchdowns and running for a 1-yard score as the defending AFC champion Bengals (4-3) moved above .500 for the first time this season. □

Harper's HR powers Phillies past Padres, into World Series

By DAN GELSTON

AP Sports Writer

PHILADELPHIA (AP) —

Bryce Harper slugged his fifth homer of the postseason, a two-run blast in the eighth inning that turned Citizens Bank Park into a madhouse, and the \$330 million slugger powered the Philadelphia Phillies past the San Diego Padres 4-3 on Sunday and into the World Series for the first time since 2009.

Rhys Hoskins also hit a two-run homer in Game 5 of the NL Championship Series to spark Philadelphia's improbable run to the pennant and a shot at its first World Series championship since 2008.

Harper has made the monumental feat of hitting a baseball look so easy in the postseason and he delivered with easily the defining moment in his four-year Phillies' career.

J.T. Realmuto began the Phillies eighth with a single off reliever Robert Suarez and Harper lined a 2-2, 98 mph sinker the opposite way, into the left field seats as another sellout crowd of 45,485 fans shook the stadium.

"I knew he was going to come with his heater," the two-time NL MVP said during a TV interview. "Just tried to take the best swing I could and was able to do damage with it."

The lefty-swinging Harper connected off a righty — the Padres had left-handed closer Josh Hader warming in the bullpen, but didn't bring him in.

"We call him 'The Showman.' He's always had a knack for those moments," Hoskins said of Harper.

Harper's hitting earned him the NLCS MVP award. And maybe other highlights on deck in the next couple of weeks.

"We've got four more," Harper said, and the crowd roared.

Remember, too: When Harper's thumb was broken by a pitch from San Diego's Blake Snell in late June, there were some concerns that he might not return this season.

Instead, the star who signed a 13-year contract

to play in Philadelphia delivered — in this season, in this game.

"I think we always believed," Harper said.

Houston held a 3-0 lead over the New York Yankees in the ALCS. Game 4 is Sunday night in New York. The World Series will begin Friday night at the home of the AL champion.

Even after Harper's homer put them ahead, it wasn't an easy ending for the Phillies.

Reliever David Robertson was pulled after a pair of one-out walks in the ninth. Ranger Suárez made his first relief appearance of the season and retired Trent Grisham on a bunt and got Austin Nola — brother of Phils ace Aaron Nola — on a routine fly to finish it for a huge save.

The Phillies mobbed each other in the infield as the Phillie Phanatic and swayed the "NL Champions" flag as the official postseason anthem "Dancing On My Own" blared throughout the stadium.

Philly, get ready.

Harper, Hoskins & Crew are coming for a most improbable World Series championship.

Harper, who turned 30 last week, is batting 439 (18 for 41) with six doubles, five homers, 11 RBIs and 10 runs scored over 11 postseason games. He has hit in 10 straight and has reached base in 11 straight.

And the feared designated hitter can keep those streaks alive when he plays in his first World Series.

"To a certain degree, it's getting overlooked be-



Philadelphia Phillies' Bryce Harper hits a two-run home run during the eighth inning in Game 5 of the baseball NL Championship Series between the San Diego Padres and the Philadelphia Phillies on Sunday, Oct. 23, 2022, in Philadelphia.

Associated Press

cause of who he is and the star that he is," Phillies manager Rob Thomson said before the game. "He's a guy that's a big star that's delivered. Can't say enough about that."

Philadelphia finished third in the NL East at 87-75, a full 14 games behind the 101-win Braves this season, and were the last club in the majors to make the 12-team playoff field. □

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Culinary Voyage

Start your gastronomic journey with a scrumptious appetizer such as the Maryland Crab Cakes, maybe the Crispy Calamari or the mouthwatering creamy Garlic Tarragon Shrimp.

You can also opt for a classic French Onion Soup, a Lobster Bisque or the famously Water's Edge House Wedge, a crisp wedge of fresh romaine lettuce topped with homemade blue cheese dressing, diced tomatoes, chopped bacon, caramelized pecans and blue cheese crumbles, drizzled with balsamic reduction. This followed by the Chef's special of seafood such as Fresh salmon filet seasoned and grilled, topped with lemon cilantro butter and served with homemade mashed potatoes and fresh asparagus, a nice plate of Ahi Tuna or a succulent pasta dish like the Florentina Fettuccine Alfredo. Meat Lovers will have their fix with choices of a devourable 22oz. Bone-In "Tomahawk" Rib-Eye, pan seared in garlic infused oil and finished in the oven or our juicy N.Y Strip Loin, seasoned & grilled. All our steaks options are seasoned with a blend of kosher salt and freshly cracked black pepper. Served with homemade mashed potatoes, seasoned vegetables and a choice of red wine reduction, green peppercorn demi glace, mushroom sauce, or bacon blue cheese butter. For extra sides the options are delectable. Fresh asparagus, seasonal vegetables, mashed or baked potatoes, fries or rice and beans. Combine your personal choice with one of the most exclusive wine from the

great selection of international wines to compliment your dish. Kids will enjoy every item of the specially compiled kids menu and there are also optional dishes for all vegans, vegetarians and gluten-free guests. To end the culinary voyage with some luscious sweetness, the desserts are wild. From a piece of coconut flan, NY cheese cake, carrot cake, chocolate brownie or our classic Tiramisu with kahlua and amaretto served with chocolate sauce and coffee jelly. Not to mention the fresh and light piece of key lime pie.

Creating memories

If you are planning a birthday dinner, here you will receive a nice bottle of champagne to take home with you to extend your experience even further whether on the beach or your own private balcony.

Live entertainment

Just about every day of the week, there is a different live entertainment by the best local artists for you to enjoy. Whether you're in a romantic mood, or more in a swinging mood, there is absolutely a night especially for you where you can combine great music with delicious cocktails mixed with concoctions. In addition, Water's Edge offers three daily Happy Hours from 12pm-1pm, 4pm-6pm and again from 9pm-10pm with all premium brands specially priced.

Breakfast, Lunch & Dinner

Whether you join us for breakfast, lunch or dinner, Water's Edge Restaurant & Bar offers a relaxed and inspirational dining experience overlooking the beautiful Eagle Beach with spectacular ocean views. Gather with friends and family for drinks and appetizers or a night of pampering and relaxation.



Thank you to all our guests

From the bottom of our hearts, we would like to Thank all of our guests who showed us so much love and support all through 2021, and hopefully will continue to do so in 2022. What we are most grateful for is that we could get back to doing what we love, which is looking after our guests. So, thank you for every dinner, lunch, breakfast, very to-go order, every glass of wine, every birthday, anniversary and date-night that you spent with us this last year. To our new guests, Welcome! We hope you to see you back soon! ☐



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